



The college application process is complex. Young adults get the support they need to transition to college.



College & Career

Counseling for Teens

- Mindfulness for Test Anxiety
- ACT/SAT Support
- Strategy for College Applications
- Career Assessments
- Financial Aid Application Process
- College Essays
- Scholarship Application Writing

Summer ACT or SAT Tele-Coaching Class

June 19th– July 24th
or
July 3rd – Aug 7th

- 5 video coaching sessions
- 5 weeks of practice tests
- Mindfulness for text anxiety
- Content support for subject area tests
- Vocabulary enhancement

Skyline College Coach
www.skylinecollegecoach.com
919-659-5384

Expert Support with College Applications | Mindfulness
for Test Anxiety

A college coach who has a fierce dedication to helping young adults walk a path full of purpose. 20 years experience as a master educator, certified master in career services and mindfulness meditation practitioner.

Free 20 Minute Consultation
SkylineCollegeCoach.com